



20-Point First-Time Mover Checklist

Box Rental Express – *Move with less stress!*

Done	Task & Description
☐	Create a moving budget – Estimate all costs, including tote rentals, trucks, and moving help.
☐	Declutter unwanted items – Donate, sell, or recycle things you don't need to pack.
☐	Measure large furniture – Ensure everything fits through doorways and hallways in both homes.
☐	Reserve moving totes or boxes – Secure your eco-friendly plastic moving totes early.
☐	Gather packing supplies – Stock up on zip ties, labels, and packing paper.
☐	Create a packing schedule – Break the packing down room by room so you don't get overwhelmed.
☐	Label containers clearly – Mark the room destination and a brief description of the contents.
☐	Pack heavy items in small containers – Keep weight manageable for safer lifting.
☐	Photograph electronics before disconnecting – Save a visual guide of where cords go for easy setup later.

- ☐ **Pack a first-night essentials tote** – Keep toiletries, a change of clothes, and basic tools accessible.
- ☐ **Change your address** – Update your info with the USPS, banks, and subscriptions.
- ☐ **Transfer utilities** – Arrange the shut-off at your old place and turn-on at the new one.
- ☐ **Schedule internet installation** – Book this early to avoid days without a connection.
- ☐ **Protect important documents** – Keep IDs, passports, and medical records in a secure, designated folder.
- ☐ **Pack fragile items carefully** – Wrap glassware and delicate items thoroughly to prevent shifting.
- ☐ **Confirm moving day arrangements** – Double-check times with your truck rental or moving helpers.
- ☐ **Set aside cleaning supplies** – Keep trash bags, wipes, and a vacuum ready for the final cleanup.
- ☐ **Keep valuables with you** – Personally transport jewelry, small electronics, and irreplaceable items.
- ☐ **Plan for pets and children** – Arrange a safe, quiet space or a sitter for them on moving day.
- ☐ **Complete a final walk-through** – Check every closet, cabinet, and garage space before locking up.

Need more Moving Tips? Follow me at BoxRentalExpress.com.